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Coaching Outside The Box: Changing The Mindset In Youth Soccer (Volume 1)



Synopsis

This book demonstrates what coaches should and should not be doing with young players in the sport and enables you to identify if effective coaching is taking place. "Any parent whose child is playing youth soccer in the U.S. should read this book as the information is going to have a powerful impact on your child's experiences, development, and ultimately their success in the sport. This book is an essential tool for any club, coach, or parent who is truly focusing on player development." Manchester United Youth Academy Coach - Dean Whitehouse Using insightful anecdotes, personal experiences, and perspectives of numerous development experts, they passionately provide the reader with a clear and compelling breakdown of critical issues involved with youth development. Holding nothing back, they unveil the damaging problems that currently exist in U.S. youth soccer due to high numbers of administrators, coaches, and parents demonstrating misguided and outdated beliefs, and/or harboring ulterior motives that are simply not beneficial for the players' best interests. They emphasize how conventional thinking in youth soccer leads to so many youngsters encountering negative experiences during their formative years and is a major driver as to why 70-80% of young players drop out of the sport at a young age before they have even had the opportunity to unlock their true potential. In this book, Mairs and Shaw reveal how coaches and parents can positively impact young players' involvement. They demonstrate how to ignite young players' passion for the sport and arm players with the powerful tools which will help them become successful players in the long-term.

Book Information

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Customer Reviews

FIFA should organize a massive air-drop of this book over the youth soccer fields of the USA! If every soccer parent read this book, I guarantee that the USA would win a World Cup by 2030. What a great book. Not only does it have great content, but it is very easy to read and very well laid out. You can skim through it in a few hours, and then come back to it as and when needed. For this reason, I think it is a fantastic tool for any coach to convince parents that there is a different way, particularly the references to research and the inclusion of quotes from leading soccer practitioners. The book is an easy way to say "Don't just take my word for it - read this". I am a novice coach living in the USA, but I was born and raised in the UK. The one thing that has been a culture shock to me in the USA was the pay-to-play, win games, recruit players, repeat...culture in youth soccer. I am constantly amazed at how little unstructured youth soccer there is over here. It doesn't seem to have occurred to anyone that what the kids really, really, really need is time on the ball in unstructured play - all they need is an adult to keep them safe, set up goals, maintain order if the kids can't sort it out themselves. I have a nine year old son playing soccer, and he has luxury of spending part of his summers back in the UK, so we get to experience both cultures, and what a difference there is. In the UK, he can attend after school or summer vacation academies run by local football league clubs (even EPL clubs) for as little as a few dollars a day. The local authorities run pick up games in parks for mixed ability and gender - adult supervision is provided to even up the teams, shift kids around and make calls when needed.

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